



MONTHLY SUPPORT GROUP

Keeping Calm When Angry



Thursday, October 1, 2015

7:00-8:00 pm. Doors open at 6:45 pm.

St. Matthew Evangelical Lutheran Church*, 839 West Market Street, York

Join us as speaker **Lucretia Shelton** shares ways to coach children on managing feelings of anger and frustration. She will also focus on ways for caregivers and parents to stay calm when dealing with these situations as well as modeling prevention techniques.

Ms. Shelton has worked for Family-Child Resources since 1997. She has been a Developmental Therapist in their Early Intervention Program and now facilitates many of their parent education classes and children's groups.

Autism York will be serving light refreshments.

Our meetings are held on the first Thursday of the month January—November.

Child care is provided by at least two professional staff who are experienced with children on the autism spectrum. When possible, children will be separated into two different rooms by age groups. We encourage older children to bring handheld games, books or homework. Autism York will not assume responsibility for any lost or broken devices. If a child exhibits behaviors that are not easily redirected by the staff, parents may be called from the meeting to come help their child.

No RSVP necessary.

**Autism York is not affiliated with St. Matthew Evangelical Lutheran Church. Any questions regarding Autism York Meetings, Events, or other offerings should be directed to Autism York at 801-1272 or e-mail to info@autismyork.org, not the church staff. The views expressed by guest speakers do not necessarily represent the views of Autism York.*

OUR MISSION

The mission of Autism York is to provide support to individuals on the autism spectrum, their parents, families and friends. Our group exists for the sole purpose of providing support in a safe and friendly environment. It is the intention of Autism York as a group to promote understanding and respect of all families and the choices they make regarding therapies and interventions. Through this group we will offer opportunities for families and individuals on the autism spectrum to learn, grow, and develop relationships that help guide one another through this journey.

CONTACT US

For more specifics about individual meetings or events, or to sign up for our e-mail notification list, please visit our website at www.autismyork.org, call us at 717.801.1272, or e-mail to info@autismyork.org.

Autism York is a 501 (c) (3) organization as provided by the IRS.